

# Annual Report

## Fiscal Year 2024



**Academy of Nutrition and Dietetics**

**Academy of Nutrition and Dietetics Foundation**

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals. The Academy is committed to improving health and advancing the profession of nutrition and dietetics through research, education and advocacy.

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### Chief Executive Officer

Wylecia Wiggs Harris, PhD, CAE

## Foundation Board of Directors

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### Public Member

Sylvia B. Rowe, MA

### Chief Executive Officer

Wylecia Wiggs Harris, PhD, CAE

# Welcome to the 2023-2024 Annual Report

In 2023, the Academy of Nutrition and Dietetics embarked on a pivotal journey of transformation — one that continues to shape the future of our organization, our members and the broader interprofessional community we serve. Fiscal Year 2024 marked a renewed commitment to leadership, trust-building and purpose-driven vision — forming the foundation for long-term growth and impact.

Guided by principles of transformational change, the Academy Board of Directors focused on aligning around a shared direction: strengthening relationships both within our membership and with external partners, and defining a bold, credible vision for the future. This vision was not only forward-looking, but deeply rooted in the Academy's founding principles, reaffirming our purpose and mission.

Efforts began with an honest assessment of our current state, identifying critical opportunities for improvement and innovation. Through this process, we revisited the Academy's "why" — our reason for being — and found enduring guidance in our Articles of Incorporation. This introspective work culminated in the approval of a Future State Vision, now embedded in strategic initiatives designed to ensure a focused, measurable approach to progress.

As you explore this year's report, you will see how the collective resolve of our leaders, members and community are driving meaningful change. The Academy is well-positioned to navigate an evolving professional landscape — and we remain committed to advancing our mission, supporting our members and shaping a healthier future for all.

**Wylecia Wiggs Harris, PhD, CAE,**  
**Chief Executive Officer**

## Key Achievements

### Strategic Initiatives

In 2023, the Academy advanced several high-impact strategic initiatives aligned with its commitment to inclusion, interprofessional collaboration, and improved health outcomes. The **IDEA Committee** released its *Action Plan Progress Report*, marking five years of sustained work to embed equity across the Academy's programs and partnerships. Outcomes included new accreditation standards, over \$90,000 in mini grants, the establishment of the Foundation IDEA Fund, and deeper partnerships to diversify the profession and address health disparities.

To strengthen its role in shaping systems-level change, the Academy joined the **Accountable Care Action Collaborative (ACAC)**, a multi-stakeholder initiative of the Health Care Payment Learning & Action Network, focused on transforming the accountable care landscape to improve equity, outcomes, and affordability.

The Academy also became an associate member of **America's Health Insurance Plans (AHIP)** to influence the inclusion of registered dietitian nutritionists and medical nutrition therapy (MNT) in preventive and chronic care services across payer networks.

Expanding its interprofessional reach, the Academy welcomed three new organizations to its **Primary Care Provider Advisory Board**—the American College of Lifestyle Medicine, Association of Clinicians for the Underserved, and American Academy of HIV Medicine. The Board continues to serve as a national platform for promoting collaboration between RDNs and primary care providers.

### Advocacy and Public Policy

Since its founding in 1917, the Academy of Nutrition and Dietetics has remained a leading voice in advancing policies that improve the health and nutrition of all Americans. In 2023, the Academy achieved meaningful progress in shaping national policy, influencing legislation, and advocating for access to nutrition care across the lifespan.



One of the year's most significant policy milestones was the inclusion of the Academy's recommendations in the Biden-Harris Administration's National Strategy to help end hunger, improve nutrition and health, and reduce health inequities, released

ahead of the historic **White House Conference on Hunger, Nutrition and Health**. The Strategy, shaped in part by the Academy's evidence-based input, outlined actionable goals in five key areas, including integrating nutrition and health, empowering consumers to make and access healthy choices, supporting physical activity for all, and enhancing nutrition and food security research.

Beyond this landmark development, the Academy continued to lead and support multiple policy initiatives aimed at expanding equitable access to nutrition services and programs:

- Joined the **Healthy School Meals for All Coalition**, collaborating with national partners to advocate for universal access to nutritious school meals.
- Led advocacy for robust funding of **Child Nutrition Programs**, ensuring continued support for vulnerable populations.
- Provided formal input to the U.S. Department of Agriculture (USDA) on efforts to enhance the nutritional quality of school meals and improve the food packages offered through the Special **Supplemental Nutrition Program for Women, Infants, and Children (WIC)**.

The Academy also maintained strong leadership in advancing key federal legislation:

- The **Treat and Reduce Obesity Act (TROA)** was reintroduced with Academy support, advocating for expanded access to medical nutrition therapy (MNT) and other clinically proven treatments for obesity. TROA represents a cost-effective solution for nearly 40% of Medicare beneficiaries, with long-term implications for addressing the national obesity epidemic.



## Key Achievements

- The **Expanding Access to Diabetes Self-Management Training (DSMT) Act**, another priority bill, would remove existing barriers to DSMT access for Medicare beneficiaries, eliminate cost sharing, and enable DSMT and MNT to be provided and billed on the same day—critical steps toward equitable and integrated care.
- The Academy also continued to champion the **Medical Nutrition Therapy Act**, which, though not reintroduced during the 118th Congress, remains a top legislative priority. The Act would broaden MNT coverage to include chronic conditions such as prediabetes, hypertension, obesity, cancer, and malnutrition, and would authorize a wider range of healthcare providers to refer patients for MNT. Importantly, this legislation is aligned with efforts to advance health equity, particularly for racial and ethnic minority communities disproportionately affected by chronic disease.

### Nutrition Education and Public Outreach



The Academy was honored with the **Gold MyPlate Champion** designation for its leadership and contributions to the USDA's MyPlate National Strategic Partnership, recognizing efforts to promote healthy eating during the inaugural Partner Recognition Program cycle. As a trusted voice in nutrition, the Academy continues to support MyPlate's consumer-friendly guidance rooted in the Dietary Guidelines for Americans and encourages members to engage with available practitioner resources. Looking ahead, the Academy remains committed to contributing its expertise to the development of the **2025-2030 Dietary Guidelines for Americans** and supporting member involvement throughout the process.



Celebrated each March since 1973, **National Nutrition Month®**, Registered Dietitian Nutritionist Day and Nutrition and Dietetics Technician, Registered Day continued to play a significant role in building awareness

and recognition for the Academy and nutrition and dietetics practitioners. To bring attention to this important observance and celebrate, Academy President Lauri Wright, PhD, RDN, LDN, FAND, rang the Nasdaq closing bell on March 22 alongside dozens of Academy members. In addition, the Academy worked closely with U.S. government agencies to amplify our collective goals and join in support of the campaign.

### FNCE® Highlights

eat right. Academy of Nutrition and Dietetics

**FNCE® 2023**

**Food & Nutrition Conference & Expo®**  
**Denver, CO | October 7-10**

More than 8,200 food and nutrition experts attended the 2023 Food & Nutrition Conference & Expo® in Denver to explore the

latest trends and offerings in food, nutrition and health. Academy President Lauri Wright kicked off the conference with Opening Session keynote speaker Stedman Graham, who shared his strategies for finding your inner leader. President Wright continued the fun with new Academy CEO Wylecia Wiggs Harris, who inspired attendees to embrace change, and filmmaker Mick Ebeling, who highlighted how doers, makers, idea generators and storytellers create innovative solutions to society's challenges. Rounding out the conference was Closing Session keynoter Erica Dhawan, who shared her playbook for building trust and collaboration with confidence.

FNCE® welcomed 50 media professionals representing 43 media outlets, including *Homes & Gardens Online*, *CNN Online*, *Food Network Online*, *Good Housekeeping*, *Real Simple*, *The Today Show*, *U.S. News & World Report* and many more. And the Academy Foundation raised more than \$135,000 during FNCE® 2023. More than 400 attendees enjoyed an evening of dancing and mingling at the President's Party with a Purpose, with all proceeds benefitting the Foundation's Make It a Million Scholarship Campaign. Meanwhile 175 Academy members participated in the Foundation Virtual 5k Run and \$14,000 was raised through its Virtual Silent Auction.

In addition, between June 1, 2023, and May 31, 2024, the Academy published:

### Position Papers and Consensus Reports

- Position of the Academy of Nutrition and Dietetics: Medical Nutrition Therapy Behavioral Interventions Provided by Dietitians for Adults with Overweight or Obesity

### Scoping Reviews

- Human Milk Nutrient Composition Data

### Systematic Reviews

- Medical Nutrition Therapy Effectiveness Among Adults with Prediabetes
- Medical Nutrition Therapy Effectiveness Among Adults with Prehypertension or Hypertension
- Nutrition Interventions in Pediatric Obesity

### Evidence-Based Nutrition Practice Guidelines

- Effectiveness of Nutrition Interventions in Children and Adolescents Living with Type 1 Diabetes: An Academy of Nutrition and Dietetics Evidence-Based Practice Guideline
- Prevention and Treatment of Malnutrition in Older Adults Living in Long-Term Care or the Community: An Evidence-Based Nutrition Practice Guideline

### Books and Publications

- *Health Professional's Guide to Dietary Supplements* (print, eBook)
- *Health Professional's Guide to Nutrition Management of Food Allergies* (print, eBook)
- *Health Professional's Guide to Treatment of Overweight and Obesity* (print, eBook)
- *Pocket Guide to Chronic Kidney Disease and the Nutrition Care Process* (2nd Ed.; print, eBook)
- *The Complete Recipe Writing Guide: Mastering Recipe Development, Writing, Testing, Nutrition Analysis and Food Styling* (print, eBook)

### Online Subscription Resources

- 12 new and 29 updated condition sections, handouts, resources, and tutorials across the Nutrition Care Manual suite
- Major update of the Nutrition Care Process Terminology

## Practice Resources and Professional Support

To support members in navigating a complex health care environment, the Academy developed the **MNTWorks Toolkit** and the **Power of Payment** video series. The MNTWorks Toolkit helps RDNs position medical nutrition therapy (MNT) as a valuable, marketable service by approaching it through a business lens, equipping practitioners to effectively communicate its value to stakeholders. The Power of Payment series, available to members, offers foundational guidance on payment and reimbursement for RDN-provided services, including MNT delivered via telehealth, helping dietetics professionals strengthen the financial sustainability of their practice.

Additionally, the Academy released a focus statement and report, **The Evolving Role of Registered Dietitian Nutritionists in Obesity Management with Medications and Lifestyle Interventions**, outlining the role of obesity medications, the importance of lifestyle interventions delivered by RDNs, relevant public policy implications and opportunities for interprofessional care. To support professional education, the Academy also launched a free **informational webinar series** accessible to all RDNs.

One of the most relied-upon publications for the science of food, nutrition and dietetics, the *Journal of the Academy of Nutrition and Dietetics (JAND)*, continues to build its global online presence seeing **an increase of over 200 submissions to JAND** over the past year, highlighting its prestige and desirability for authors, with many submissions coming from international researchers. This opportunity for global growth has contributed to the expansion of the Academy's journal portfolio and the development of *JAND: Global Reports*, an internationally focused Gold Open Access journal set to launch in 2025. *JAND* continues to publish more online-first content and editor podcasts with nutrition and dietetics experts.

## Commission on Dietetic Registration

The Commission on Dietetic Registration (CDR) remained committed to its vision and mission of supporting continued practitioner competence to protect the public through rigorous credentialing processes, with 113,513 registered dietitian nutritionists; 3,669 nutrition and dietetics technicians, registered; and 4,791 board-certified specialists and advanced practitioners who meet CDR's standards to enter the profession and remain practicing.



In Fiscal Year 2024, CDR administered 8,513 Registered Dietitian exams; 874 Dietetic Technician, Registered exams; 1,436 specialist exams and 28 advanced practitioner exams. It credentialed 1,040 specialists (new: 608; recertified: 432) and 21 advanced practitioners (17 new, 4 recertified).

The Global Malnutrition Composite Score, the electronic Clinical Quality Measure for which CDR/Academy are the measure developer and steward, is the first nutrition-focused quality measure to be included in a Centers for Medicare and Medicaid Services (CMS) program. In May 2024, the GMCS measure that includes the age expansion to all adults 18 years of age and older, was endorsed by the Partnership for Quality Measurement's (PQM) Endorsement and Maintenance (E&M) Committee and approved by CMS for reporting year 2026.

In April 2024, CDR introduced the new CDR CPEU Prior Approval Program. The intent of this program is to facilitate continuous learning through access to nutrition and dietetics related continuing professional education (CPE) that updates, enhances, or assesses knowledge, skills, and attitudes of professional dietetics practice. Since its initiation, CDR has received and approved 3,785 CPE activities from over 730 CPE providers.

## Accreditation Council for Education in Nutrition and Dietetics

The Accreditation Council for Education in Nutrition and Dietetics continued to serve the public and the Academy's members by working with nutrition and dietetics educators, practitioners and others to develop and implement standards for the educational preparation of professionals and by accrediting education programs at colleges, universities and other organizations that meet ACEND's standards.

ACEND received renewed recognition from the U.S. Department of Education as the accreditor of nutrition and dietetics programs. The 2022 Accreditation Standards became effective June 1, 2022. The Advanced Practice Doctoral Standards for the credentialed Registered Dietitian Nutritionist became effective June 1, 2024. ACEND continued to accredit demonstration programs under the Future Education Model Accreditation Standards for Graduate Degree Programs in Nutrition and Dietetics.



## Academy of Nutrition and Dietetics Foundation

The Foundation is dedicated to supporting nutrition and dietetics students and professionals by empowering them to help consumers live healthier lifestyles. Gifts to the Foundation make an impact on hundreds of Academy members each year through scholarships, awards, research grants, fellowships and disaster relief efforts.



Although affiliated with the Academy, the Foundation is an independent 501(c)(3) public charity and does not receive any portion of member dues. The success and impact of Foundation programs and services are attributed to the generous support of its donors.

**Special thanks to the organizations, groups and individuals who supported the Academy's Foundation from June 1, 2023 to May 31, 2024, with gifts of \$10,000 or more.**

Abbott Nutrition Health Institute

American Egg Board's Egg Nutrition Center

Anonymous

Suzanne Baxter

Brightseed

Commission on Dietetic Registration

Sonja Connor

Diabetes Dietetic Practice Group

Dietitians in Integrative and Functional Medicine Practice Group

Eli-Lilly & Company

General Mills Bell Institute of Health and Nutrition

Helen and Ed Hintz

Kate Farms

Linda Kwiatkowski

David Leppert

McCormick & Co., Inc.

Medical Nutrition Practice Group

Morrison Healthcare

National Dairy Council

Nestlé Health Science US

Novo Nordisk Inc

Oncology Nutrition Practice Group

Estate of Natali Rami

Mead Johnson Nutrition

Nancy Wellman



# Academy of Nutrition and Dietetics Financial Statements

## Academy of Nutrition and Dietetics Statements of Financial Position: May 31, 2024

	2024	2023
<b>Assets</b>		
Cash and cash equivalents	\$ 4,978,779	\$ 8,014,624
Investments	47,612,001	41,288,638
Interest receivable	119,972	120,567
Accounts receivable, net	860,700	1,027,764
Intercompany receivables	322,323	392,428
Prepaid expenses	2,111,259	2,180,622
Inventories, net	1,331,965	1,471,954
Investments held for deferred compensation	457,036	789,702
Operating lease right-of-use asset, net	4,732,656	5,166,265
Property and equipment, net	4,976,973	5,136,874
<b>Total Assets</b>	<b>67,503,664</b>	<b>65,589,438</b>
<b>Liabilities</b>		
Accounts payable	911,435	619,694
Accrued liabilities	2,680,476	2,704,864
Due to state associations	3,575,075	3,490,370
Deferred revenue	16,595,575	14,943,702
Deferred compensation	457,036	789,702
Operating lease liabilities	5,738,190	6,170,732
Line of credit	2,000,000	2,250,000
<b>Total Liabilities</b>	<b>31,957,787</b>	<b>30,969,064</b>
<b>Net Assets</b>		
Net assets – without donor restrictions	35,545,877	34,620,374
<b>Total Liabilities and Net Assets</b>	<b>\$ 67,503,664</b>	<b>\$ 65,589,438</b>

# Academy of Nutrition and Dietetics Financial Statements

## Academy of Nutrition and Dietetics Statement of Activities: May 31, 2024

	Academy	Related Academy Organizational Units*	Total
<b>Revenues</b>			
Membership dues – gross	\$ 8,786,176	\$ 1,444,596	\$ 10,230,772
State affiliate allocations	(1,663,717)	-	(1,663,717)
<b>Membership Dues – Net</b>	<b>7,122,459</b>	<b>1,444,596</b>	<b>8,567,055</b>
Registration and examination fees	-	10,561,263	10,561,263
Contributions	-	70,929	70,929
Programs and meetings	3,931,838	302,797	4,234,635
Publications and materials	2,316,948	205,941	2,522,889
Subscriptions	2,309,868	732	2,310,600
Advertising	154,920	8,150	163,070
Sponsorships	689,095	-	689,095
Grants	570,581	542,120	1,112,701
Education program	-	2,822,970	2,822,970
Other	1,339,022	21,758	1,360,780
<b>Total Revenues</b>	<b>18,434,731</b>	<b>15,981,256</b>	<b>34,415,987</b>
<b>Expenses</b>			
Personnel	15,191,775	4,204,133	19,395,908
Publications	1,974,386	23,732	1,998,118
Travel	615,414	1,474,756	2,090,170
Professional fees	1,832,075	1,898,862	3,730,937
Postage and mailing service	393,004	127,391	520,395
Office supplies and equipment	50,845	80,748	131,593
Rent and utilities	780,500	245,282	1,025,782
Telephone and communications	186,644	69,553	256,197
Commissions	51,465	-	51,465
Computer expenses	1,029,217	268,520	1,297,737
Advertising and promotion	124,917	22,975	147,892
Insurance	70,503	189,465	259,968
Depreciation	1,092,490	226,450	1,318,940
Bank and trust fees	534,908	352,268	887,176
Other	(2,927,786)	4,240,908	1,313,122
Donations	-	99,000	99,000
Examination administration	-	1,104,397	1,104,397
Meeting services	1,764,176	1,445,909	3,210,085
Legal and audit	215,802	163,253	379,055
Printing	120,342	54,267	174,609
<b>Total Expenses</b>	<b>23,100,677</b>	<b>16,291,869</b>	<b>39,392,546</b>
<b>Decrease in Net Assets from Operating Activities</b>	<b>(4,665,946)</b>	<b>(310,613)</b>	<b>(4,976,559)</b>
Contributions to Foundation	-	(687,695)	(687,695)
Return on Investments	1,889,684	4,711,826	6,601,510
<b>Total Nonoperating Income</b>	<b>1,889,684</b>	<b>4,024,131</b>	<b>5,913,815</b>
<b>(Decrease) Increase in Net Assets</b>	<b>\$(2,776,262)</b>	<b>\$3,713,518</b>	<b>\$ 937,256</b>

\*includes CDR, DPGs, MIGs, ACEND, NDEP, ANDPAC

# Academy of Nutrition and Dietetics Financial Statements

## Academy of Nutrition and Dietetics Foundation Statements of Financial Position: May 31, 2024

	2024	2023
<b>Assets</b>		
Cash and cash equivalents	\$ 2,736,690	\$ 3,143,486
Interest receivable	96,816	89,956
Contribution receivable, net	115,275	157,160
Prepaid expenses	2,608	45,930
Investments	36,916,700	32,296,694
Property and equipment, net	5,887	7,569
<b>Total Assets</b>	<b>39,873,976</b>	<b>35,740,795</b>
<b>Liabilities</b>		
Intercompany payables	322,916	392,428
<b>Total Liabilities</b>	<b>322,916</b>	<b>392,428</b>
<b>Net Assets</b>		
Net assets – without donor restrictions	13,708,154	12,760,667
Net assets – with donor restrictions	25,842,906	22,587,700
<b>Total Net Assets</b>	<b>39,551,060</b>	<b>35,348,367</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 39,873,976</b>	<b>\$ 35,740,795</b>



# Academy of Nutrition and Dietetics Financial Statements

## Academy of Nutrition and Dietetics Foundation Statement of Activities: May 31, 2024

	Net Assets without Donor Restrictions	Net Assets with Donor Restrictions	Total
<b>Revenues</b>			
Grants and donations	\$ 10,030	\$ 161,753	\$ 171,783
Member contributions	239,148	646,915	886,063
Corporate contributions	3,740	802,305	806,045
Sponsorships	200,500	50,000	250,500
Release from restrictions	2,048,506	(2,048,506)	-
<b>Total Revenues</b>	<b>2,501,924</b>	<b>(387,533)</b>	<b>2,114,391</b>
<b>Expenses</b>			
Personnel	1,042,908	-	1,042,908
Travel	66,699	-	66,699
Professional fees	37,978	-	37,978
Postage and mailing service	3,411	-	3,411
Office supplies and equipment	2,205	-	2,205
Rent and utilities	79,380	-	79,380
Telephone and communications	15,855	-	15,855
Computer expenses	29,629	-	29,629
Insurance	20,833	-	20,833
Depreciation	1,682	-	1,682
Other	25,997	-	25,997
Meeting services	76,698	-	76,698
Legal and audit	25,458	-	25,458
Printing	227	-	227
Scholarships and awards	1,622,779	-	1,622,779
<b>Total Expenses</b>	<b>3,051,739</b>	<b>-</b>	<b>3,051,739</b>
<b>Decrease in Net Assets from Operating Activities</b>	<b>(549,815)</b>	<b>(387,533)</b>	<b>(937,348)</b>
<b>Return on Investments</b>	<b>863,827</b>	<b>4,276,214</b>	<b>5,140,041</b>
<b>Increase in Net Assets</b>	<b>\$ 314,012</b>	<b>\$ 3,888,681</b>	<b>\$ 4,202,693</b>